

# Provided by St John Ambulance



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## **2 hours of practical 'what do I do' when...**

The aim of this program is to provide skills & knowledge on basic first aid skills including;

- CPR (Cardio Pulmonary Resuscitation)
- responding to choking
- bleeding & burns
- breaks

This session is appropriate for any parent, grandparent, carer, friend or relative who wants to increase their confidence in dealing with a first aid emergency that may occur in and around the home.

This course assumes no previous knowledge of First Aid. It is designed specifically for those who want to gain knowledge but do not require assessment.

**\*Please note this is a non- accredited course and therefore cannot be used as a formal certification.**

When & where:

**Tuesday 13 Feb 6:30pm- 8:30pm**

**OR**

**Wednesday 14 Feb 10am**

\$10/ person or \$15/ couple (paid on booking to secure your place, please indicate session you plan on attending).

At Keithcot Farm Children's Centre: 5 Keithcot Farm Drive, Wynn Vale

**\*A crèche will be available for both sessions,  
However bookings are required in advance\***

**All community members are welcome**



**Children's  
Centre**  
for Early Childhood  
Development and Parenting



To book please contact:  
Laura Francis 8251 2700 or  
[laura.francis@sa.gov.au](mailto:laura.francis@sa.gov.au)