



What's on in Term 1, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Long Day Care 49 weeks of the year 7am – 6pm</p>	<p>Long Day Care 49 weeks of the year 7am – 6pm</p>	<p>Long Day Care 49 weeks of the year 7am – 6pm</p>	<p>Long Day Care 49 weeks of the year 7am – 6pm</p>	<p>Long Day Care 49 weeks of the year 7am – 6pm</p>
<p>Preschool for 4 yr. olds During school term Morning session: 8.30am – 11.30am</p>	<p>Preschool for 4 yr. olds During school term Morning session: 8.30am – 11.30am</p>	<p>Preschool for 4 yr. olds During school term Morning session: 8.30am – 11.30am</p>	<p>Preschool for 4 yr. olds During school term Morning session: 8.30am – 11.30am</p>	<p>Preschool for 4 yr. olds During school term Morning session: 8.30am – 11.30am</p>
<p>Preschool for 4 yr. olds During school term Afternoon session: 12.15pm – 3.15pm</p>	<p>Preschool for 4 yr. olds During school term Afternoon session: 12.15pm – 3.15pm</p>	<p>Preschool for 4 yr. olds During school term Afternoon session: 12.15pm – 3.15pm</p>	<p>Preschool for 4 yr. olds During school term Afternoon session: 12.15pm – 3.15pm</p>	<p>Preschool for 4 yr. olds During school term Afternoon session: 12.15pm – 3.15pm</p>

**If you would like to enquire about the Long Day Care or Preschool program,
 Or to make a time to view our Centre please call**

Anne Whittleston, Centre Director or Jenny Reid, Assistant Director on 8251 2700.

Family & Community Programs Term 1, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Midwifery Clinic</p> <p>Appointments via GP/Specialist referral and bulk billed through Medicare</p> <p>Provided by Melissa Roberts, registered midwife each Monday, bookings essential.</p> <p>This is a postnatal support service for mothers, their babies and partners from the time the mother leaves hospital post birth until 6 weeks postpartum.</p>	<p>Infant Massage</p> <p>A 5 week course for parents who are wanting to learn relaxation methods for calming & settling baby. Suitable for babies who aren't yet crawling. Presented by Bonita Stockwell, qualified infant massage facilitator.</p> <p>Both mums and dads are welcome to attend.</p> <p>Cost \$40 or paid \$8/ week</p> <p>Tuesday's weekly at KFCC from 13 Feb. 10am- 11am</p> <p>To book phone Laura: 8251 2700</p>	<p>Positive Parenting</p> <p>A 3 week program for parents who want to better understand their child's behaviour and development and not quite sure where to turn.</p> <p>This FREE program explores:</p> <ul style="list-style-type: none"> Positive Parenting Raising resilient & competent children Raising Resilient Children <p>Delivered by DECD's SA Positive Parenting Team. *crèche & morning tea provided*</p> <p>Weds 7, 14 & 21 March 10am- 12 noon</p> <p>To book please call Laura.</p>	<p>My Baby Short Course</p> <p>A 6 week program for first time parents, offered in collaboration between KFCC & TTG Council.</p> <p>Each week includes a special guest speaker, discussing topics such as introducing babies to solids, literacy & learning through play, returning to work (child care & family day care), postnatal health & exercise.</p> <p>A focus of this program is to provide social connection for new parents & helpful links to community supports.</p> <p>Thursdays 10- 11.30am from 22 Feb</p> <p>WHERE: Greenwith Community Centre To book ph: 8397 7364 or ccbookings@cttg.sa.gov.au</p>	<p>The Nurture Nest</p> <p>Are you a parent in the final trimester of pregnancy?</p> <p>Would you like to meet with other local parents who are embarking on the parenting adventure?</p> <p>Please join us for a morning of conversation and connection.</p> <p>The Nurture Nest will also be attended by Melissa, our registered midwife, who will be able to answer any questions you may have about this exciting stage of parenthood.</p> <p>START DATE TBA, to register interest please contact Laura</p>
<p>To book parents are asked to ring the Children's Centre: 8251 2700 and upon first appointment must supply referral letter to Melissa</p>	<p>First Aid for Parents & Carers</p> <p>2 hours of practical 'what do I do' when... The aim of this program is to provide skills & knowledge on CPR & other basic first aid skills including responding to choking, bleeding & burns. *Please note this is a non- accredited course and therefore cannot be used as a formal certification.</p> <p>Provided by St John Ambulance. Cost: \$10/ person or \$15/couple</p> <p>Tuesday 13 Feb 6:30pm OR Wednesday 14 Feb 10am</p> <p>*a crèche is available for both*</p>	<p>Preschool Health Checks</p>  <p>Health checks available from CaFHS for children aged 4 years & 3 months or older (who attend KFCC). To be accompanied by an adult.</p> <p>Wednesday 14th Feb. appointments available from 9am- 3:15pm</p> <p>Please register with Laura for your child to attend.</p>	<p>Baby Bop Music</p> <p>Facilitated by Sarah (Occupational Therapist) & Tamara (Speech Pathologist)</p> <p>The Baby Bop group is a fun and vibrant music group designed for parents and their babies – pre walkers.</p> <p>This group enables parents to interact and play with their babies through the use of music, songs and movement, whilst fostering positive relationships and supporting their babies' development.</p> <p>Thursdays weekly from 15th Feb- 5th April 9:30am- 10:15am Free at KFCC, to book: 8251 2700</p>	<p>Saturday Family Picnic</p> <p>A social event for Keithcot Farm Families with a focus on getting to know each other.</p> <p>Families to bring along a picnic blanket and lunch.</p> <p>A special guest will also attend.</p> <p>Saturday March 17th 11am- 1pm</p> <p>Goldenfields Reserve, Golden Grove</p>

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<p>Raising Literacy Australia (RLA) is a not for profit organisation with one of its key programs:</p>  <p>a reading initiative that encourages families to read, play, talk and sing with their young children every day to support the development of early literacy and numeracy skills and importantly, a lifelong love of books and reading.</p> <p>Please see Laura to receive your child's FREE Toddler or Preschool book pack.</p>		<p>Coffee and Chat</p> <p>Everyone is invited to join us the first Wednesday of each month for a coffee and afternoon tea. This is a great opportunity to visit the Children's centre, hear about other programs being offered and connect with new and old friends</p> <p>Wednesdays: 7 Feb, 7 March & 4 April. 2pm</p> <p>Stay for a chat and check out our new Community space at Keithcot Farm Children's Centre.</p> 	<p>PJ Story time & Teddy Bear's picnic</p> <p>A social event to share an enjoyment of language and literacy with your children.</p> <p>All KFCC families are invited to share in stories with Tamara (speech pathologist) and Laura.</p> <p>Children welcome to attend in their PJ's and encouraged to bring along a special teddy bear (or other creature) to share in the experience.</p> <p>Hot chocolate & marshmallows will also be offered.</p> <p>Weds. 22 February 6:30pm- 7:30pm</p> 	<p>After more information on Community Development programs and activities?</p> <p>Please contact- Laura Francis Community Development Coordinator, KFCC 8251 2700 Laura.francis@sa.gov.au</p>  <p>Please LIKE us on Facebook 'Keithcot Farm Children's Centre' to stay up to date with any additional programs that are developed and booked throughout the term</p>
<p>Mark Le Messurier 'Sibling Rivalry'</p> <p>(By popular demand, Term 4 session was a sell out!)</p> <p>Competition between siblings has occurred since the beginning of time as kids vie for time, attention, love, resources and approval from their parents. It's not new! But as a parent we know that doesn't make it any easier to deal with! The evening will enable you to talk, share, review and learn a host of simple things we can all do to help our kids to better 'get along' with one another. Places are limited. To book please see Laura</p> <p>Wednesday 28th February 6:30pm @ KFCC Everyone welcome.</p>			<p>Steve Biddulph 'Raising Boys'</p> <p>Steve Biddulph is a world renowned psychologist and best selling author of books including; The Secret of Happy Children, Raising Girls, and Raising Boys - having sold four million copies around the world.</p> <p>Join us for this unique opportunity to hear from Steve in person discuss 'Raising Boys'. To book at a reduced price of \$10 / person (normally \$35) please see Laura. Places are limited. Bookings essential</p> <p>Prince Alfred College, March 21st 7:30pm</p>	