





What's on in Term 2, 2017


Monday	Tuesday	Wednesday	Thursday	Friday
<p>Long Day Care 49 weeks of the year 7am – 6pm</p>	<p>Long Day Care 49 weeks of the year 7am – 6pm</p>	<p>Long Day Care 49 weeks of the year 7am – 6pm</p>	<p>Long Day Care 49 weeks of the year 7am – 6pm</p>	<p>Long Day Care 49 weeks of the year 7am – 6pm</p>
<p>Preschool for 4 yr. olds During school term Morning session: 8.30am – 11.30am</p>	<p>Preschool for 4 yr. olds During school term Morning session: 8.30am – 11.30am</p>	<p>Preschool for 4 yr. olds During school term Morning session: 8.30am – 11.30am</p>	<p>Preschool for 4 yr. olds During school term Morning session: 8.30am – 11.30am</p>	<p>Preschool for 4 yr. olds During school term Morning session: 8.30am – 11.30am</p>
<p>Preschool for 4 yr. olds During school term Afternoon session: 12.15pm – 3.15pm</p>	<p>Preschool for 4 yr. olds During school term Afternoon session: 12.15pm – 3.15pm</p>	<p>Preschool for 4 yr. olds During school term Afternoon session: 12.15pm – 3.15pm</p>	<p>Preschool for 4 yr. olds During school term Afternoon session: 12.15pm – 3.15pm</p>	<p>Preschool for 4 yr. olds During school term Afternoon session: 12.15pm – 3.15pm</p>

**If you would like to enquire about the Long Day Care or Preschool program,
 Or to make a time to view our Centre please call**

Anne Whittleston, Centre Director or Jenny Reid, Assistant Director on 8251 2700.

Family & Community Programs Term 2, 2017

Monday	Tuesday	Wednesday	Wednesday/Thursday	Friday
<p>CAFHS Preschool Health Checks</p> <p>Health checks are available for children aged 4 years & 3 months or older at your local clinic.</p>	<p><u>Infant Massage</u></p> <p>A 5 week course for parents who are wanting to learn relaxation methods for calming & settling baby. Suitable for babies who aren't yet crawling. Presented by Bonita Stockwell, qualified infant massage facilitator.</p> <p>Cost \$40 or payed \$8/ week Tuesday's weekly from 6 June 9:30am- 10:30am</p> <p>Where: Jubilee Community Centre, Wynn Vale</p> <p>To book phone Laura: 8251 2700</p>	<p><u>Mucky Ducks Art/Craft</u></p> <p>A 6 week interactive program where parent/carer work together to create art/craft pieces. Suited for 2—5 year olds</p> <p>\$3/week (1 child) or \$5/ family</p> <p>Wednesdays from 24th May 9:30am- 10:30am</p> <p>WHERE: Jubilee Way Community Centre.</p> <p>To book ph: 8397 7422</p>	<p><u>My Baby Short Course</u></p> <p>A 6 week program for first time parents, offered in collaboration between KFCC & TTG Council.</p> <p>Each week includes a special guest speaker, discussing topics such as introducing babies to solids, gum & dental care, introducing babies to swimming & safety in & around the home.</p> <p>A focus of this program is to provide social connection for new parents & helpful links to community supports. Thursdays 10- 11.30am From 25th May.</p> <p>WHERE: Greenwith Community Centre To book ph: 8397 7364 or ccbookings@ctg.sa.gov.au</p>	 <p>Please LIKE us on Facebook ‘Keithcot Farm Children’s Centre’ to stay up to date with any additional programs that are developed and booked throughout the term</p>
<p>To book an appointment please call: 1300 733 606</p>  <p>Government of South Australia Children, Youth and Women's Health Service</p>	<p><u>First Aid for Parents & Carers</u></p> <p>2 hours of practical ‘what do I do’ when... The aim of this program is to provide skills & knowledge on CPR & other basic first aid skills including responding to choking, bleeding & burns.</p> <p>*Please note this is a non- accredited course and therefore cannot be used as a formal certification.</p> <p>Provided by St John Ambulance.</p> <p>Cost: \$10/ person or \$15/couple</p> <p>Tuesday 30th May 6:30pm Keithcot Farm Children’s Centre</p>	<p><u>PJ Storytime</u></p> <p>A social event to share an enjoyment of language and literacy with your children.</p> <p>This special PJ Story time is in celebration of National Simultaneous Storytime.</p> <p>All KFCC families are invited to share in stories and songs with Laura & Tamara (speech pathologist).</p> <p>Children welcome to attend in their PJ's.</p> <p>Weds. 24th May 6:30pm- 7:30pm</p>	<p><u>Balancing Me Time & We Time</u></p> <p>As a parent are you often wishing for more hours within a day?</p> <p>Do you sometimes feel swamped by all that you need to achieve as a parent and wondering what happened to ‘me’?</p> <p>If you are interested in developing skills for yourself around finding more balance in life and how these can in turn benefit your family please join us for this unique opportunity. Presented by Jenny & Vivienne from Leap SA. Cost \$5/ person</p> <p>Wednesday 17th May 6:30pm Keithcot Farm Children’s Centre</p>	<p><u>Saturday Family Planetarium outing</u></p> <p>All KFCC families are invited to share a unique Saturday outing to the Adelaide Planetarium. The Planetarium visit will consist of a 25-minute Planetarium Night Sky presentation, followed by a full dome 20-minute animated children’s movie called Tycho to the Moon.</p> <p>Uni SA- Mawson Lakes Saturday 13th May, 11am <i>(please arrive earlier)</i> Cost: \$9/ adult \$7/child (under 3 yr olds free) <i>Bookings & payment required in advance to Laura</i></p>

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<p>Raising Literacy Australia (RLA) is a not for profit organisation with one of its key programs:</p>  <p>a reading initiative that encourages families to read, play, talk and sing with their young children every day to support the development of early literacy and numeracy skills and importantly, a lifelong love of books and reading.</p> <p>Please see Laura to receive your child's FREE Toddler or Preschool book pack.</p>	<p><u>Bringing Up Great Kids</u></p> <p>The Bringing Up Great Kids' programs supports parents and carers to:</p> <ul style="list-style-type: none"> • learn more about the origins of their own parenting style and how it can be more effective; • identify the important messages they want to convey to their children and how to achieve this; • learn more about brain development in children and its influence on their thoughts, feelings and behaviour; • understand the meaning of children's behaviour; • discover how to overcome some of the obstacles getting in the way of them being the kind of parent they would like to be; and • discover ways for parents to take care of themselves and to find support when they need it. <p>Session 1- Term 2 (date to be advised) Facilitated by Laura (Community Development Coordinator) & Tamara (Speech Pathologist)</p>	<p><u>Fun with Food</u></p> <p>The 'Fun with Food' parent session is aimed at providing support and ideas to parents of children aged 2 to 5 years who find it <i>'tricky'</i> to learn about new foods, maybe "picky" or "fussy" eaters or may find mealtimes a challenging experience.</p> <p>We will also talk about strategies you can use at home to encourage successful mealtimes.</p> <p>Presented by Daniella, DECD Occupational Therapist and Tamara, DECD Speech Pathologist</p> <p>FREE: 10th May 6:30pm</p> <p>Keithcot Farm Children's Centre. Contact Laura</p>	<p>Keithcot Farm Children's Centre is a registered 'Breastfeeding Welcome Here' venue</p> 	<p>After more information on Community Development programs and activities?</p> <p>Please contact- Laura Francis Community Development Coordinator, KFCC</p> <p>Phone: 8251 2700 Laura.francis@sa.gov.au</p>

Join us on Wednesday June 7th- 7pm to hear from

Mark Le Messurier

Counsellor, Mentor, Educator and Parent Coach

Co-author of the "What's the Buzz?" social skills program and author of many books

including; Parenting Tough Kids and Raising Beautiful Kids

