

MONDAY

**Northern Area
 Midwifery Group
 Practice Mondays and
 Fridays**

The Northern Area Midwifery Group Practice supports pregnant mothers registered for maternity services via the Lyell McEwin Hospital. The program supports continuity of care and support for mothers during their pregnancy.

FUN WITH FRIENDS

Would you like your child to make some new friends? And maybe you will too. Join in on **Monday mornings from 9-11am**. Hosted by Nieske, in the Keithcot Farm Children's Centre. This is a great way for you and your child to play and explore together.

Registration of interest is needed and will be emailed out, due to current capacity restrictions.

TUESDAY



Is a program of the South Australian Government, providing the community with quality Information on raising children since 1996. In term 2 we will be offering:

Coping skills and Resilience 25th May and the 1st of June, 6:30pm

Cyber Safety on the 8th June, 6:30pm

My Child and Me on the 23rd of June and 30th June, 6pm

Look out for the flyers in the centre, on email and Facebook

Allied Health (OT and Speech) drop in and chat.

Do you have any concerns about your child's development? Is your child under school age?

Are you:

looking for advice, support in accessing services, currently waiting on services.

Contact the centre to book a free drop in and chat appointment for Thursday's on 8251-2700

WEDNESDAY

GP Shared Care

Supporting pregnant women who see their GP for the majority of their maternity care.

Consulting from the Children's Centre on Wednesdays.



Wonderful World of Toddlers

Are you the parent or carer of a 1-3 year old?

Would you like to better understand their feelings and behaviour?

Come to this free information session on the 12th of May at 9:30am until 11:30am

Hosted by Sarah (OT) and Tamara (SP)

Creche will be provided so BOOKINGS ARE ESSENTIAL AS PLACES ARE LIMITED Call 8251 2700

THURSDAY



BEING WITH BABY

A **NEW** program, for Parents and their babies.

This small group program will provide opportunity for social connection and will also provide information on topics such as play, attachment, feeding and child development.

Suitable for Parents with babies 0-12 months.

Starts on the 29th of April for 7 weeks until 10th June

Facilitated by Sarah (Occupational Therapist) and Tamara (Speech Pathologist)

Thursdays, 1pm until 2:30pm

BOOKINGS ARE ESSENTIAL AS PLACES ARE LIMITED Call 8251 2700

FRIDAY



PASSPORT TO PLAY

Join us for a FREE 6-week program, exploring the importance of play, for children **aged 2-4** years. The program will provide you with practical play ideas that you can re-create at home.

Each week we will explore a different theme; sensory play, nature play, active play, pretend play, play ideas for home.

When: **10:00 -11.30am; Wed 19th May to Wed 23rd June**

Where: **Keithcot Farm Children's Centre**

BOOKINGS ARE ESSENTIAL AS PLACES ARE LIMITED Call 8251 2700