

### **DENTAL POLICY Version 1.13**

By providing a nutritious menu, the Children's Centre promotes high standards in dental care. The food we offer is recommended by the South Australian Dental Service and the Women's and Children's Hospital. We have **limited sugar** and no salt added to our meals and we support the healthy development of children's teeth by offering water and milk at lunch time. Cheese will also be offered at snacks and in some meals, which also assists in the development of healthy teeth. 'Lift the Lip' is implemented during CAFHS 4 year old health checks.

Educators will:

- Provide current information regarding healthy eating guidelines and foods that help prevent tooth decay.
- Ensure that children who are bottle fed do not go to sleep with a bottle.

### **Curriculum Links:**

Care of the teeth and mouth should begin at home and support strategies are implemented in our program by having regular conversations about teeth, their function and how to care for them by singing relevant songs and providing books, puzzles and Lotto games as part of our curriculum.

### **Procedure relating to a dental emergency.**

#### ***In the event of a Primary (Baby) tooth being knocked out:***

- Do not replace the tooth back into the socket
- Seek dental advice as soon as possible – take any root fragments with you to the dental professional

#### ***If a permanent tooth is knocked out:***

- Find the tooth.
- Handle the tooth by its crown, not by the root.
- If the root has debris on it, gently rinse tooth in milk or saline solution for a few seconds only and store safely with the child's own saliva.
- Don't attempt to vigorously clean the tooth.
- Don't let the tooth become dry.
- Replace the tooth in its socket immediately if the patient is conscious. Hold the tooth in place with foil and / or a handkerchief.
- Contact the dentist as soon as possible.

#### ***If you can't replace the tooth in its socket:***

- Store it in milk or child's own saliva
- Seek medical / dental help immediately.

For families requiring multilingual resources: [www.healthtranslations.vic.gov.au](http://www.healthtranslations.vic.gov.au) has fact sheets available.

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**REVIEWED:** September 2008, July 2009, July 2010, July 2011, July 2012, July 2013, July 2014, July 2015, July 2016, July 2017, July 2018, July 2019, March 2020

**TO BE REVIEWED:** March 2021

**SOURCED:** SA Dental Services [www.sadental.sa.gov.au](http://www.sadental.sa.gov.au)  
Teeth Smart SA  
Victorian Government Dept. Of Human Services, 2001  
Women's and Children's Hospital  
Women's and Children's Health Network  
[www.cyh.com](http://www.cyh.com)