





## What's on in Term 1, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Long Day Care</b>            49 weeks of the year            7am – 6pm</p>	<p><b>Long Day Care</b>            49 weeks of the year            7am – 6pm</p>	<p><b>Long Day Care</b>            49 weeks of the year            7am – 6pm</p>	<p><b>Long Day Care</b>            49 weeks of the year            7am – 6pm</p>	<p><b>Long Day Care</b>            49 weeks of the year            7am – 6pm</p>
<p><b>Preschool for 4 yr. olds</b>            During school term            Morning session:            8.30am – 11.30am</p>	<p><b>Preschool for 4 yr. olds</b>            During school term            Morning session:            8.30am – 11.30am</p>	<p><b>Preschool for 4 yr. olds</b>            During school term            Morning session:            8.30am – 11.30am</p>	<p><b>Preschool for 4 yr. olds</b>            During school term            Morning session:            8.30am – 11.30am</p>	<p><b>Preschool for 4 yr. olds</b>            During school term            Morning session:            8.30am – 11.30am</p>
<p><b>Preschool for 4 yr. olds</b>            During school term            Afternoon session:            12.15pm – 3.15pm</p>	<p><b>Preschool for 4 yr. olds</b>            During school term            Afternoon session:            12.15pm – 3.15pm</p>	<p><b>Preschool for 4 yr. olds</b>            During school term            Afternoon session:            12.15pm – 3.15pm</p>	<p><b>Preschool for 4 yr. olds</b>            During school term            Afternoon session:            12.15pm – 3.15pm</p>	<p><b>Preschool for 4 yr. olds</b>            During school term            Afternoon session:            12.15pm – 3.15pm</p>

**If you would like to enquire about the Long Day Care or Preschool program,  
 Or to make a time to view our Centre please call**

**Anne Whittleston, Centre Director or Jenny Reid, Assistant Director on 8251 2700.**

## Family & Community Programs Term 1, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>CAFHS Preschool Health Checks</b></p> <p>Health checks available for children aged 4 years &amp; 3 months or older (who attend KFCC). To be accompanied by an adult.</p> <p>Please register with Laura for your child to attend.</p>	<p><b><u>The Wonderful World of Toddlers</u></b></p> <p>Want to understand your child's feelings and behaviour? Come and hear how you can connect with your toddler and help them thrive by:</p> <ul style="list-style-type: none"> <li>• seeing things through their eyes</li> <li>• helping them manage strong feelings</li> <li>• guiding their behaviour.</li> </ul> <p>A seminar offered by Parenting SA (via video) Will also be attended by Tamara, Speech pathologist, Daniela, Occupational Therapist and Laura, Community Development Coordinator to aid follow up discussion.</p> <p><b>FREE: Tues 7<sup>th</sup> Feb. Keithcot Farm Children's Centre. Contact Laura</b></p>	<p><b><u>Mucky Ducks Art/Craft</u></b></p> <p>A <b>6 week interactive program</b> where parent/carer work together to create art/craft pieces. Suited for 2—5 year olds</p> <p>\$3/week (1 child) or \$5/ family</p> <p><b>Wednesdays from 22 Feb 9:30am- 10:30am</b></p> <p><b>WHERE: Jubilee Way Community Centre.</b></p> <p>To book ph: 8397 7422</p>	<p><b><u>My Baby Short Course</u></b></p> <p>A <b>6 week program</b> for first time parents, offered in collaboration between KFCC &amp; TTG Council.</p> <p>Each week includes a special guest speaker, discussing topics such as introducing babies to solids, gum &amp; dental care, introducing babies to swimming &amp; safety in &amp; around the home.</p> <p>A focus of this program is to provide social connection for new parents &amp; helpful links to community supports. <b>Thursdays 10- 11.30am</b> <b>Cost: \$2/ session</b></p> <p><b>WHERE: Greenwith Community Centre</b> To book ph: 8397 7364 or <a href="mailto:cbookings@cttg.sa.gov.au">cbookings@cttg.sa.gov.au</a></p>	 <p>Please LIKE us on Facebook 'Keithcot Farm Children's Centre' to stay up to date with any additional programs that are developed and booked throughout the term</p>
<p><b>Monday 3 April appointments available from 9am- 3:15pm</b></p>  <p>Government of South Australia Children, Youth and Women's Health Service</p>	<p><b><u>Infant Massage</u></b></p> <p>A <b>5 week course</b> for parents who are wanting to learn relaxation methods for calming &amp; settling baby. Suitable for babies who aren't yet crawling. Presented by Bonita Stockwell, qualified infant massage facilitator.</p> <p>Cost \$40 or payed \$8/ week <b>Tuesday's weekly from 14 Feb. 9:30am-10:30am</b></p> <p><b>Where: Jubilee Community Centre, Wynn Vale</b></p> <p>To book phone Laura: 8251 2700</p>	<p><b><u>PJ Storytime</u></b></p> <p>A social event to share an enjoyment of language and literacy with your children.</p> <p>This special PJ Story time is in celebration of:</p> <p><b>All KFCC families</b> are invited to share in stories and songs with Laura &amp; Tamara (speech pathologist)</p> <p>Children welcome to attend in their PJ's.</p> <p><b>Weds. 15<sup>th</sup> February 6:30pm- 7:30pm</b></p>	<p><b><u>Family Wellbeing</u></b></p> <p>What is emotional intelligence for children and adults? And how can we incorporate these strategies into creating a positive home environment?</p> <p>Presented by Jenny &amp; Vivienne from Leap SA. Developing resilience and wellbeing for our families.</p> <p><b>DATE TO BE CONFIRMED in Term 1</b></p> <p><b>Keithcot Farm Children's Centre Contact Laura</b></p>	<p><b><u>Saturday Family Picnic</u></b></p> <p>A social event for Keithcot Farm Families to spend together. With a focus on getting to know each other.</p> <p>Families to bring along a picnic blanket and lunch.</p> <p>A special guest will also attend.</p> <p><b>March 4<sup>th</sup> 11am- 1pm</b></p> <p><b>LOCATION TBA</b></p>

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<p>Raising Literacy Australia (RLA) is a not for profit organisation with one of its key programs:</p>  <p>a reading initiative that encourages families to read, play, talk and sing with their young children every day to support the development of early literacy and numeracy skills and importantly, a lifelong love of books and reading.</p> <p>Please see Laura to receive your child's FREE Toddler or Preschool book pack.</p>	<p><b><u>Bringing Up Great Kids</u></b></p> <p>The Bringing Up Great Kids' programs supports parents and carers to:</p> <ul style="list-style-type: none"> <li>• learn more about the origins of their own parenting style and how it can be more effective;</li> <li>• identify the important messages they want to convey to their children and how to achieve this;</li> <li>• learn more about brain development in children and its influence on their thoughts, feelings and behaviour;</li> <li>• understand the meaning of children's behaviour;</li> <li>• discover how to overcome some of the obstacles getting in the way of them being the kind of parent they would like to be; and</li> <li>• discover ways for parents to take care of themselves and to find support when they need it.</li> </ul> <p>Session 1- Term 1 (date to be advised) Facilitated by Laura (Community Development Coordinator) &amp; Tamara (Speech Pathologist)</p>	<p><b><u>Fun with Food</u></b></p> <p>The 'Fun with Food' parent session is aimed at providing support and ideas to parents of children aged 2 to 5 years who find it 'tricky' to learn about new foods, maybe "picky" or "fussy" eaters or may find mealtimes a challenging experience.</p> <p>We will also talk about strategies you can use at home to encourage successful mealtimes.</p> <p><b>Presented by Daniella, DECD Occupational Therapist and Tamara, DECD Speech Pathologist</b></p> <p><b>FREE: 15<sup>th</sup> March 6:30pm</b></p> <p>Keithcot Farm Children's Centre. Contact Laura</p>	<p><b>Keithcot Farm Children's Centre is a registered 'Breastfeeding Welcome Here' venue</b></p> 	<p><b>After more information on Community Development programs and activities?</b></p> <p>Please contact- <b>Laura Francis</b> Community Development Coordinator, KFCC</p> <p>Phone: <b>8251 2700</b> <b>Laura.francis@sa.gov.au</b></p>

## 'RECOGNISING AND RESPONDING TO YOUR CHILD'S CHANGING BEHAVIOUR'

Join us to hear from  
**Jodie Benveniste**

**Psychologist, parenting author and intuitive parenting specialist**

**Term 1: Date to be confirmed- 7pm**  
Golden Grove High School